



SARA CAPUTO
CONSULTING

1:1 Workflow Coaching



Unlock potential, one conversation at a time—personalized coaching for every role and challenge.

Even when employees understand productivity issues and possible solutions, they often need guidance on how to implement meaningful changes. Significant improvements can be achieved through one-on-one coaching, where we align an individual's role and goals with their manager's expectations. This approach works for professionals at all levels—whether entry-level employees, managers in training, supervisors, or seasoned CEOs. If you're looking to help a team member reach their full potential but aren't sure how to make it happen, one-on-one coaching is the answer.

Who Can Benefit from 1:1 Workflow Coaching?

- **Entry-Level & High-Potential Employees:** Build skills, align goals, and prepare for leadership
- **Managers & Leaders:** Develop leadership and time management, refine team oversight, and enhance strategic decision making
- **Remote/Hybrid Workers:** Enhance self-management and engagement
- **Project Leads & Specialists:** Execute high-impact projects efficiently
- **Sales & Customer Service Teams:** Boost focus, efficiency, and results
- **Productivity-Challenged Employees:** Address obstacles and develop better habits
- **Entrepreneurs & Solo Practitioners:** Strengthen self-management, streamline business processes, and optimize productivity for sustainable growth and success

To Learn More, Contact: Sara@SaraCaputoConsulting.com | Call: 805.689.8414 | Visit: www.SaraCaputoConsulting.com